

Name: _____

Date: _____



Unit 8 – Water Balloon Fight

apparent / beverage / blizzard / budge / cautiously / frigid / sluggish / spurt / strategy / visible

8A Introduction

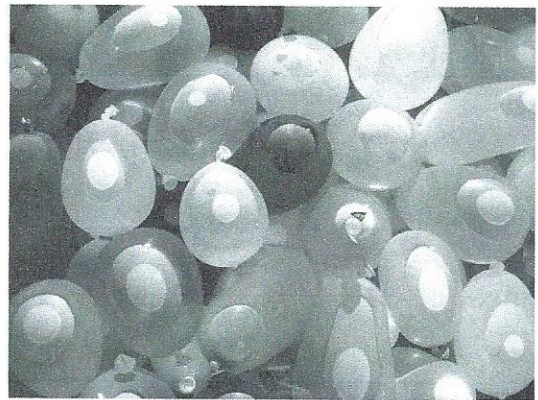
Nothing is more fun in the heat of summer than a water balloon fight. Just make sure your friend doesn't outsmart you.

8B Song Lyrics

Woo! It's hot. Check it: I've got an idea though. Go get some balloons; meet me at the fire hydrant in front of my house in 5 minutes. I've got an idea.

It started on a hot summer's day,
 The opposite of cold and **frigid**; man, just forget it.
 We were so hot that we wanted a **blizzard**,
 A huge snowstorm, 'cause man, it was so warm.
 I mean it was so hot you could fry an egg on the sidewalk,
 You've got no shoes; don't even try to walk.
 I was feeling so **sluggish** and lazy,
 I didn't want to move or **budge**; it was crazy.
 But then my friend D called me quick,
 He said, "I don't know what you think; we should get a cold drink,
 You know, a **beverage**. Meet me in a little bit.
 I'll make some lemonade; soon we'll be sipping it."
 I started to leave, but then I had a thought,
 I know how to cool D down when it's this hot.
 I found some balloons and filled 'em with water,
 Water balloon fight! I'd make D the target!

*Water balloon fight! "Yeah, what's up!
 We got the whole block rocking, it's just too hot."
 Water balloon fight! "Yeah, that's it!
 So get ready, get set, 'cause we'll all get wet!"
 (x2)*



Name: _____ Date: _____

So at D's house, I could hear his voice out back,
I thought I'd sneak around now for a sneak attack.
I moved carefully and **cautiously**; it was something,
Quieter than a tiger when he's out hunting.
I didn't see D, but his voice was so loud,
So with a big yell, I jumped out!
It became clear to me, it became **apparent**,
That D wasn't there, and I was embarrassed.
All I saw was a speaker that played a CD,
And from the speaker came the voice of D.
And **visible** to me, I mean I could see it,
Was an X on the ground, and I was real near it.
Then out popped D, throwing balloons; he caught me,
And two dudes with squirt guns to wash me.
I jumped behind a fence for some defense,
But oh, no! There was a six-year-old there with a whole hose.
The water **spurted** out the hose, shot out,
Thank goodness it was hot out, 'cause now I was dripping.
D had a better **strategy** than me, a better plan,
'Cause now five kids jumped out from behind a van.
They had Super Soakers, plus a launcher,
To launch water balloons—that thing was a monster.
So D soaked me, true, I got caught,
But it's cool to stay cool when the weather's this hot.

Hook

Name: _____ Date: _____

8C Words Defined

apparent / beverage / blizzard / budge / cautiously / frigid / sluggish / spurt / strategy / visible

apparent

(adj) Easily seen, clear, or obvious. *After I spent the whole day on the subway unsuccessfully trying to sell candy, it became apparent that I had to find a better way to make money.*

beverage

(noun) A drink. *There's nothing like a cold beverage on a hot day—lemonade is my favorite.*

blizzard

(noun) A heavy snowstorm with strong winds. *Caught in the blizzard, the hikers couldn't see even five feet in front of them.*



budge

(verb) To move or shift. *We were all pushing hard, but the car wouldn't budge.*

cautiously

(adverb) Carefully; trying to avoid risks or mistakes. *The bunny hopped toward me cautiously, unsure whether I was a threat.*

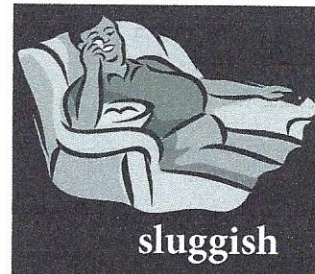
Other forms: Rita is cautious (adj) when talking to strangers. She tried to caution (verb) me to be more careful, and told me to proceed with caution (noun) in the future.

frigid

(adj) Very cold. *It was so frigid outside, Tonia refused to leave her home.*

sluggish

(adj) Lazy; lacking energy. *Alon is always sluggish after a big meal; he goes right to the couch and puts his feet up.*



spurt

(verb) 1. To shoot out quickly in a stream. *I knocked the printer off the table and ink spurted everywhere.* 2. To show a burst of energy. *The runners spurted toward the finish line.*

(noun) A sudden, short stream of fluid or a quick burst of activity. *After years of calm, a spurt of violence in our town upset everyone very much.*

Name: _____ Date: _____

strategy

(noun) A carefully formed plan or plot; or a plan of military operations. *I had a great **strategy** for becoming the class president: I would legally change my name from Ron Lewis to "Class President."*

Other forms: *Picking up a new pitcher in the off-season was a smart **strategic** (adj) decision for our team.*

visible

(adj) Able to be seen, exposed to view, not hidden. *American flags are one of the most **visible** symbols of our country.*

Name: _____ Date: _____



8D Synonyms

Circle the word on the right that matches the meaning of the word or phrase on the left.

apparent / beverage / blizzard / budge / cautiously / frigid / sluggish / spurt / strategy / visible

| | | | |
|----------------------------|------------|------------|----------|
| 1. easily seen | frigid | apparent | cautious |
| 2. lacking energy | visible | cautious | sluggish |
| 3. carefully | cautiously | apparently | visibly |
| 4. a well thought-out plan | beverage | strategy | blizzard |
| 5. a heavy snowstorm | blizzard | frigid | beverage |

Name: _____ Date: _____

8E Fill in the Blank

Write the word in the blank so that the sentence makes sense.

apparent / beverage / blizzard / budge / cautiously / frigid / sluggish / spurt / strategy / visible

1. I keep begging my dad to buy me a pony, but he just won't _____.

spurt

budge

caution

2. In cold weather, nothing beats a hot _____ and a fireplace.

beverage

blizzard

strategy

3. Bob had a real growth _____ this summer; he must have gotten four inches taller!

blizzard

beverage

spurt

4. I gave my girlfriend a bracelet so she would have a _____ symbol of my love for her.

visible

cautious

frigid

5. Brrr, it's _____ out here! I wish I had a pair of heated pants!

sluggish

frigid

strategic

Name: _____ Date: _____

8F Connections

Each sentence has a strong connection with one of the words from the unit. Write the correct word on the line below.

apparent / beverage / blizzard / budge / cautiously / frigid / sluggish / spurt / strategy / visible

1. I slowly opened the box, nervous about what might be inside.

2. Fernando had to move slightly to make room for his brother on the couch.

3. The water from the hose was squirting out all over the yard.

4. It was obvious to all of us that Leroy was a dog pretending to be a little boy.

5. The heavy snow and icy arctic wind made Tina question whether she could go on.

Name: _____ Date: _____

8G Applying Meanings*Circle the letter that makes sense or answers the question.**apparent / beverage / blizzard / budge / cautiously / frigid / sluggish / spurt / strategy / visible*1. In what season would a **blizzard** be most likely?

- (A) winter
- (B) spring
- (C) summer
- (D) fall

2. If a scar is **visible**, then it

- (A) has healed
- (B) still hurts
- (C) can be seen
- (D) is on the legs

3. Which is a **beverage**?

- (A) gasoline
- (B) orange juice
- (C) fried chicken
- (D) oxygen

4. Who creates the **strategy** for a sports team?

- (A) the fans
- (B) the person who designs their uniforms
- (C) the person who sells tickets to the games
- (D) the coach

5. What are you most likely to do if you're feeling really **sluggish**?

- (A) take a nap
- (B) run a marathon
- (C) tell everyone you know
- (D) put on a winter coat

Name: _____ Date: _____

8H Reading

Read the passage below and then answer the questions that follow.

apparent / beverage / blizzard / budge / cautiously / frigid / sluggish / spurt / strategy / visible

The Shackleton Expedition

On December 5, 1914, explorer Ernest Shackleton set sail for the South Pole. Shackleton hoped to be the first person to cross Antarctica by land. His **strategy** was to land his ship, the Endurance, on one side of the continent. Another group would land on the other side and set up camp. He and his men would hike across the land and meet the others.

Problems started, however, before they could even get there. In February, the Endurance became trapped in ice, far from where they'd hoped to land. Shackleton's men tried to break the boat free from the ice, but it would not **budge**. Shackleton knew they could not survive a hike in the **frigid** winter. So, he decided to camp in the boat and wait until spring.

The crew waited and waited. Finally, in August of 1915, the ice broke. The crew continued their **cautious** trip through the ice in weather that was often rough. They lived through dangerous **blizzards** and below-freezing temperatures. In October, the ship became trapped again. This time, the boat did not survive: The pressure of the ice made it split apart and sink.

Shackleton and his men took what they could and left the boat. They now knew they would never cross the continent. All they cared about was survival. They set up camp and spent several months on the ice. Soon, however, the ice began to break up. The crew started to run low on food and **beverages**. Finally, Shackleton knew they had to leave. They took their lifeboats to nearby Elephant Island.

Soon after that, Shackleton and five crew members set out for help. They had to travel 800 miles to the island of South Georgia...in a lifeboat. Twenty-two crew members stayed behind on Elephant Island.

Amazingly, the lifeboat made the trip. By May, Shackleton's crew had safely reached a whaling camp. Over the next few months, Shackleton tried to save the people on Elephant Island three times, but the seas were too rough. In August, the weather was finally right. He was astonished to find that every member of his crew was still alive. Today, Shackleton's story remains an incredible reminder that you should never give up hope.



1. Why did Shackleton go to Antarctica?

Name: _____ Date: _____

2. What was the first problem the crew had to deal with?

3. When did the Endurance sink?

4. Where did Shackleton leave most of his crew when he went to South Georgia?

5. Why did Shackleton have to try three times to save the Elephant Island crew?

Name: _____ Date: _____

8I Thinking Creatively

Answer each question below. Don't be afraid to think creatively.

apparent / beverage / blizzard / budge / cautiously / frigid / sluggish / spurt / strategy / visible

1. What's the most **frigid** time you can remember?

2. Write a two-line poem about your favorite **beverage**.

3. What's your **strategy** for doing well in school?

4. What is one thing you are **cautious** about doing?

5. What would a movie called *The **Sluggish** People* be about?

Word Breakdown

The term *blizzard* is a rare example of a word that originally came from America. In early frontier times, *blizzard* meant a "knock-down blow or punch." As time went on, the word came to mean a storm that delivers a "knock-down blow," or a fierce snowstorm.